

Flu Clinics
- see below
for details

BARNARD HEALTH CENTRE
43 Granville Road Sidcup DA14 4TA

SURGERY TELEPHONE NUMBER:
020 8302 7721

WEBSITE:
www.barnardmedicalpractice.co.uk

SURGERY OPENING TIMES:
Monday-Friday 8.00am to 6.30pm
Advance booked appointments available
on Wednesday evenings 6.30pm to 8pm
and Saturday mornings 8am to 12noon

DOCTORS & THEIR SPECIAL INTERESTS:

Dr Sara Elizabeth Scott Senior Partner
MB BS MRCPG DRCOG DFFP Westminster Hospital (London) 1985
Musculoskeletal problems; Women's Health

Dr Holly Hutson
MB BS MA (Oxon) MRCPG DRCOG DFFP (Oxford) 1994
Mental Health problems; Diabetes

Dr Jessica Martin
BMedSci BMBS DRCOG DCH MRCPG (Nottingham) 1998
Skin problems, Asthma & COPD; Minor Surgery

Dr Tara Kharib
MBChB DFFP (Iraq) 1988
Family Planning and Women's Health

Dr Richard Scott
MB BS MRCPG FRCS DRCOG MScIT
Musculoskeletal problems; Minor Surgery

Dr Asad Rahman
BSc MBBS MRCPCH MRCPG Kings (London) 2001
Paediatrics

Dr Mike Jobling
MBBS MRCPG DCH DRCOG DFSRH (Newcastle) 2004

NURSE PRACTITIONERS:

Bridget McGuire
Family Planning; Cryotherapy

Julia McKeon
Family Planning; End of Life Care

CHANGES TO PRACTICE NURSES:

Louise Brown (maternity leave)

Maura O'Brien (locum nurse)

CLINICS:

Antenatal Clinic

Tuesday and Thursday 14.00 - 17.40
Patients are seen by the midwife at the clinics
by appointment and also by the doctors during
surgery hours.

Child Health Clinics

Monday 9.30 - 10.30
Wednesday & Friday 9.30 - 11.30
At this open clinic a health visitor is available to
give advice and support re: your baby/child's
health, growth and development.

Asthma Clinic

This is run by the practice nurse in conjunction
with the doctors, by appointment only.

Diabetic Clinic

This is run by the practice nurse in conjunction
with the doctors, by appointment only.

Family Planning

Contraceptive care is provided by all the doctors
during surgery hours.

Well Woman Clinics

This clinic is run by the nurses and health visitors
for smears, postnatal checks and discussion for
women's health issues.

Minor Surgery

The doctors carry out minor surgical procedures
at the surgery by appointment and they will be
happy to advise you on this.

Patients meet MP

On 23 July an estimated 50 patients of the Barnard Medical Centre attended a meeting with James Brokenshire MP. He spoke of the challenges of reversing the down-grading of Queen Mary's Hospital as outlined in the so-called consultation' process "A Picture of Health" (APOH). He said that he had intervened personally with the Primary Care Trust to ensure that the closure of the A&E and Maternity units is suspended, but he warned that APOH may be too far advanced to be reversed and that the proposals had failed to provide anything in the way of a Plan B. QMH is under severe financial as well as operational stress. APOH is to be reconsidered by the Independent Reconfiguration Panel. The panel personnel will be different from those who had heard the original appeal to ensure an objective review.

Closures of QMH have been halted pending tests by the Independent Reconfiguration Panel. In addition, the Care Quality Commission responsible for hospital standards was seeking a response from the Trust by the end of July. Although unlikely, the CQC may call for the closure of units at QMH if service is considered unsafe. People expressed the view that the original consultation did not take sympathetic note of travelling problems if QMH was closed, particularly to Senior citizens.

In conclusion, the assertion by many at the time of the publication of APOH, that QMH would pay dearly for the PFI experiment has turned out to be true. QMH must somehow be extracted from the South London NHS Trust. Mr Brokenshire expressed his personal view that the future of QMH would be best served by a link with some of London's teaching hospitals.

Regarding the location of the Barnard Practice, Mr Brokenshire did not have any particular knowledge. He offered to get involved with efforts to deal with the

PCT about continued use of the current building by the Barnard Practice.

There was a short discussion about the changes recently announced by Andrew Lansley. He clarified that GPs will be expected to work in groups to implement the new policies on commissioning. Dr Martin said that the Practice already has arrangements with a consortium of 6 other practices. On the question of other services at QMH, Mr Brokenshire said that it was his understanding that the Oxleas Trust would be providing some of these services.

The proposed Polyclinic has neither local community support nor adequate financing and is effectively 'dead in the water'. However the premises occupied by the Barnard Surgery are not large enough and additional space is required. Dr Martin explained that we were one of the few clinics that did not own its own premises. Mr Brokenshire expressed hope that the new policy, to transfer responsibility from PCTs to GPs, along with the possibility that Oxleas Trust may have a greater role to play, would help matters and he promised to work closely with the Clinic.

Afternoon tea

All patients of the Barnard Practice are invited to afternoon tea and biscuits on Tuesday 12th October from 2-4pm when they will get the opportunity to meet members of the PPG and staff. So why not pop in after your flu jab?

**WALK-IN
FLU CLINICS 2010**
(no appointment needed)

will be held on the following dates

Thursday 7th October 9.00am to 12.30pm

Monday 11th October 9.00am to 12.30pm

Tuesday 12th October 2.00pm to 5.30pm

Thursday 14th October 9.00am to 12.30pm

Please report to reception on arrival

Important contact information about local medical care

Barnard Medical Practice

A & E is for emergencies! Please use the appropriate service

Dial 999 only in medical emergencies such as severe chest pain, convulsions, breathlessness, weakness on one side of the body

Self Care	Avoid a crisis, be prepared Do you keep a spare inhaler or other medications? Your pharmacist can advise on essentials for your medicine cabinet and first aid kit.
NHS Direct	Call 0845 4647 www.nhsdirect.nhs.uk 24 hour medical advice and information
Your GP Surgery	Barnard Medical Practice Call 020 8302 7721 8am-6.30pm Monday to Friday Advance booking appointments Wednesday evenings and Saturday morning
Grabadoc - out of hours GP service	Call 020 8319 3030 If you are ill, it is not an emergency and it can't wait until morning. 24 hours, 7 days a week
Queen Elizabeth Hospital Stadium Road, Woolwich, London SE18 4QH	Call 020 8836 4550/4551 Casualty 24 hours a day serving Greenwich, Woolwich and Bexley
Queen Mary's Hospital, Sidcup	Casualty now CLOSED from 8pm to 8am Urgent Care Centre 24 hours a day for assessments by Nurse Practitioners and Locum doctors