

Don't forget
your flu jabs.
Please contact
the surgery for an
appointment

BARNARD HEALTH CENTRE
43 Granville Road Sidcup DA14 4TA

SURGERY TELEPHONE NUMBER:
020 8302 7721

WEBSITE:
www.barnardmedicalpractice.co.uk

SURGERY OPENING TIMES:
Monday-Friday 8.00am to 6.30pm
Advance booked appointments available
on Wednesday evenings 6.30pm to 8pm
and Saturday mornings 8am to 12noon

DOCTORS & THEIR SPECIAL INTERESTS:

Dr Sara Elizabeth Scott Senior Partner
MB BS MRCGP DRCOG DFFP Westminster Hospital (London) 1985
Musculoskeletal problems; Women's Health

Dr Holly Hutson
MB BS MA (Oxon) MRCGP DRCOG DFFP (Oxford) 1994
Mental Health problems; Diabetes

Dr Jessica Martin
BMedSci BMBS DRCOG DCH MRCGP (Nottingham) 1998
Skin problems, Asthma & COPD; Minor Surgery

Dr Tara Kharib
MBChB DFFP (Iraq) 1988
Family Planning and Women's Health

Dr Richard Scott
MB BS MRCGP FRCS DRCOG MScIT
Musculoskeletal problems; Minor Surgery

Dr Asad Rahman
BSc MBBS MRCPCH MRCGP Kings (London) 2001
Paediatrics

Dr Mike Jobling
MBBS MRCGP DCH DRCOG DFSRH (Newcastle) 2004

NURSE PRACTITIONERS:

Bridget McGuire
Family Planning; Cryotherapy

Julia McKeon
Family Planning; End of Life Care

CHANGES TO PRACTICE NURSES:

Louise Brown (maternity leave)

Maura O'Brien (locum nurse)

CLINICS:

Antenatal Clinic

Tuesday and Thursday 14.00 - 17.40
Patients are seen by the midwife at the clinics
by appointment and also by the doctors during
surgery hours.

Child Health Clinics

Monday 9.30 - 10.30
Wednesday & Friday 9.30 - 11.30
At this open clinic a health visitor is available to
give advice and support re: your baby/child's
health, growth and development.

Asthma Clinic

This is run by the practice nurse in conjunction
with the doctors, by appointment only.

Diabetic Clinic

This is run by the practice nurse in conjunction
with the doctors, by appointment only.

Family Planning

Contraceptive care is provided by all the doctors
during surgery hours.

Well Woman Clinics

This clinic is run by the nurses and health visitors
for smears, postnatal checks and discussion for
women's health issues.

Minor Surgery

The doctors carry out minor surgical procedures
at the surgery by appointment and they will be
happy to advise you on this.

Christmas raffle raises over £1,000 for new equipment



The Christmas raffle has raised £1,014.58. We would like to thank all patients who participated and congratulate the winners who are listed below.

FIRST PRIZE:

Hamper.

Mr Brooks (543)

SECOND PRIZE:

Bottle of Champagne.

Mr Morrell (249)

THIRD PRIZE:

Tin of Quality Street.

Mr Ford (247)

Part of the proceeds will be spent on a new Doppler scanner. The money raised has far exceeded our expectations and we are currently in discussion with the practice about additional equipment which will benefit all the patients of the Barnard Health Centre.

May we take this opportunity to extend

Left: Mr R Brooks collecting his Christmas hamper.

Top right Mr Morrell.

Bottom right Mr Ford



seasons greetings to all staff and patients of the practice.

CHRISTMAS OPENING TIMES

Closed from 6.30pm on
Friday 24th December and
re-open 8.00am

Wednesday 29th December.

NEW YEAR OPENING TIMES

Closed from 6.30pm on
Friday 31st December and
re-open 8.00am

Tues 4th Jan 2011.

**Please note there will be no
Saturday surgeries on
25th December and
1st January 2011.**

