

**BARNARD HEALTH CENTRE**  
43 Granville Road Sidcup DA14 4TA

**SURGERY TELEPHONE NUMBER:**  
020 8302 7721

**WEBSITE:**  
[www.barnardmedicalpractice.co.uk](http://www.barnardmedicalpractice.co.uk)

**SURGERY OPENING TIMES:**  
**Monday-Friday 8.00am to 6.30pm**  
**Advance booked appointments available on Wednesday evenings 6.30pm to 8pm and Saturday mornings 8am to 12noon**  
**DOCTORS & THEIR SPECIAL INTERESTS:**

**Dr Sara Elizabeth Scott** Senior Partner  
*MB BS MRCPG DRCOG DFFP Westminster Hospital (London) 1985*  
**Musculoskeletal problems; Women's Health**

**Dr Holly Hutson**  
*MB BS MA (Oxon) MRCPG DRCOG DFFP (Oxford) 1994*  
**Mental Health problems; Diabetes**

**Dr Jessica Martin**  
*BMedSci MBBS DRCOG DCH MRCPG (Nottingham) 1998*  
**Skin problems, Asthma & COPD; Minor Surgery**

**Dr Tara Kharib**  
*MBChB DFFP (Iraq) 1988*  
**Family Planning and Women's Health**

**Dr Richard Scott**  
*MB BS MRCPG FRCS DRCOG MScIT*  
**Musculoskeletal problems; Minor Surgery**

**Dr Asad Rahman**  
*BSc MBBS MRCPCH MRCPG Kings (London) 1991*  
**Paediatrics**

### **NURSE PRACTITIONERS:**

**Bridget McGuire**  
**Family Planning; Cryotherapy**

**Julia McKeon**  
**Family Planning; End of Life Care**

### **CLINICS:**

**Antenatal Clinic**  
Tuesday and Thursday 14.00 - 17.40  
Patients are seen by the midwife at the clinics by appointment and also by the doctors during surgery hours.

**Child Health Clinics**  
Monday 9.30 - 10.30  
Wednesday & Friday 9.30 - 11.30  
At this open clinic a health visitor is available to give advice and support re: your baby/child's health, growth and development.

**Asthma Clinic**  
This is run by the practice nurse in conjunction with the doctors, by appointment only.

**Diabetic Clinic**  
This is run by the practice nurse in conjunction with the doctors, by appointment only.

**Family Planning**  
Contraceptive care is provided by all the doctors during surgery hours.

**Well Woman Clinics**  
This clinic is run by the nurses and health visitors for smears, postnatal checks and discussion for women's health issues.

**Minor Surgery**  
The doctors carry out minor surgical procedures at the surgery by appointment and they will be happy to advise you on this.

**Repeat Prescriptions**  
These are obtainable from the doctors by either  
◆ Written application allowing 48 hours notice.  
◆ Fax: 020 8309 6579.  
Requests for repeat prescriptions cannot be taken by telephone.

## A Picture Of Health plans put on hold

The Chief Executive of the NHS in London has confirmed to Old Bexley & Sidcup MP James Brokenshire that the controversial 'A Picture of Health' plans for hospital care in Outer South East London have been put on hold pending a formal re-examination. In a letter to the MP, Ruth Carnall revealed that Simon Robbins - the Chief Executive of Bromley PCT and the South East London Sector NHS Chief Executive - had been appointed to lead the review into proposed changes to hospital services at Queen Mary's Sidcup, Queen Elizabeth and Princess Royal University hospitals.

The news confirms the earlier announcement by the Secretary of State for Health, Rt. Hon. Andrew Lansley MP, that hospital reorganisations should be tested to ensure that they satisfy four new criteria:

1. Support from GP commissioners will be essential;
2. Arrangements for public and patient engagement, including local authorities should be further strengthened;
3. There should be greater clarity about the clinical evidence base underpinning proposals;
4. That proposals should take into account the need to develop and support patient choice.

Ms Carnall said: *"The review will focus on the implications of the strategy for South London Healthcare NHS Trust, including those for the Queen Mary's Sidcup site. This means that implementation of the decisions taken by the Joint Committee of PCTs on 21 July 2008 will be suspended, pending the outcome of the review."*

In a separate letter to James Brokenshire, the Health Minister Simon Burns MP has said that the South London Healthcare NHS Trust "welcomes and will follow the Department of Health's

guidance". Mr Burns added that: *"The Trust is awaiting further clarity from the Department about how to implement the guidance locally. I am informed that, in the meantime, the Trust will increase its dialogue with local GPs."*

### **MP to meet with Practice**

James Brokenshire MP has agreed to a meeting with the staff and patients during the early evening of Friday 23rd July at a venue yet to be arranged. So that we can get an idea of the numbers that wish to attend would you please register your interest by email or contact Roy Barlow on 07785 232411 by Friday 16th July. The committee is preparing a list of questions to put to him and if you have a particular issue that you would like raised please forward it to us as soon as possible.

### **Disabled entrance**

The front entrance to the surgery is extremely difficult for modern wheelchair access particularly if the patient is unaccompanied as both sets of doors are required to be open. In addition the downward slope and the gulley at the entrance add to the difficulty. The committee have been pressing for a wider single door the funding for which is at least a year or two away. In the meantime it is proposed to install a buzzer at the door that will sound in the reception from where assistance will be dispatched.

### **Coffee morning**

It is proposed to hold a coffee morning at the practice in Granville Road on Thursday 22nd July between 10am - 12 noon. All Barnard Health Centre patients are invited to attend. You will be able to meet and speak to the committee and members of staff.