

Barnard Newsletter

PATIENT PARTICIPATION GROUP

BARNARD HEALTH CENTRE
43 Granville Road Sidcup DA14 4TA

SURGERY TELEPHONE NUMBER:
020 8302 7721

WEBSITE:
www.barnardmedicalpractice.co.uk

SURGERY OPENING TIMES:
Monday-Friday 8.00am to 6.30pm
Advance booked appointments available
on Wednesday evenings 6.30pm to 8pm
and Saturday mornings 8am to 12noon
DOCTORS & THEIR SPECIAL INTERESTS:

Dr Sara Elizabeth Scott Partner
MB BS MRCPG DRCOG DFFP Westminster Hospital (London) 1985
Musculoskeletal problems; Women's Health

Dr Holly Hutson Partner
MB BS MA (Oxon) MRCPG DRCOG DFFP (Oxford) 1994
Mental Health problems; Diabetes

Dr Jessica Martin Partner
BMedSci BMBS DRCOG DCH MRCPG (Nottingham) 1998
Skin problems, Asthma & COPD; Minor Surgery

Dr Tara Kharib
MBChB DFFP (Iraq) 1988
Family Planning and Women's Health

Dr Richard Scott
MB BS MRCPG FRCS DRCOG MScIT
Musculoskeletal problems; Minor Surgery

Dr Asad Rahman
BSc MBBS MRCPCH MRCPG Kings (London) 1991
Paediatrics

NURSE PRACTITIONERS:

Bridget McGuire
Family Planning; Cryotherapy

Julia McKeon
Family Planning; End of Life Care

CLINICS:

Antenatal Clinic
Tuesday and Thursday 14.00 - 17.40
Patients are seen by the midwife at the clinics
by appointment and also by the doctors during
surgery hours.

Child Health Clinics
Monday 9.30 - 10.30
Wednesday & Friday 9.30 - 11.30
At this open clinic a health visitor is available to
give advice and support re: your baby/child's
health, growth and development.

Asthma Clinic
This is run by the practice nurse in conjunction
with the doctors, by appointment only.

Diabetic Clinic
This is run by the practice nurse in conjunction
with the doctors, by appointment only.

Family Planning
Contraceptive care is provided by all the doctors
during surgery hours.

Well Woman Clinics
This clinic is run by the nurses and health visitors
for smears, postnatal checks and discussion for
women's health issues.

Minor Surgery
The doctors carry out minor surgical procedures
at the surgery by appointment and they will be
happy to advise you on this.

Repeat Prescriptions
These are obtainable from the doctors by either
◆ Written application allowing 48 hours notice.
◆ Fax: 020 8309 6579.
Requests for repeat prescriptions cannot be
taken by telephone.

Well being on Wednesday

Diane Hannaford and Philippa James, Patient & Community Engagement Officers from Bexley Care Trust are currently manning a health information stand two Wednesdays a month as part of the "Well being on Wednesday campaign". Situated at Tesco's, Edginton Way, Sidcup and the Mall, Broadway, Bexleyheath shoppers are provided with information about local health services and signposted to health professionals/voluntary organisations as necessary. Most importantly the team listen to the shopper's comments regarding their experiences of their local Health service gaining valuable feedback vital to improve Trust services in the future.

The team will be at Tesco's on the following dates:

Edginton Way, Sidcup

Wednesday 9th June	10am - 4pm
Wednesday 14th July	10am - 4pm
Wednesday 11th August	10am - 4pm
Wednesday 15th September	10am - 4pm
Wednesday 13th October	10am - 4pm
Wednesday 10th November	10am - 4pm
Wednesday 8th December	10am - 4pm

Broadway, Bexleyheath

Wednesday 26th May	10am - 4pm
Wednesday 30th June	10am - 4pm
Wednesday 28th July	10am - 4pm
Wednesday 25th August	10am - 4pm
Wednesday 29th September	10am - 4pm
Wednesday 3rd November	10am - 4pm
Wednesday 1st December	10am - 4pm

Choose and Book Referral System

A few years ago, patient choice was championed by this new highly secure computer system whereby a patient receives a booking letter from the surgery 7-10 days after agreeing a referral with a Doctor or Nurse. On the letter, there is a central booking system telephone number, together with a description of the type of clinic required and a pass-

word. The patient (or their representative) rings to speak to an operator who offers suitable appointments with a specialist at a hospital of their choice. Once an appointment is agreed, the referral letter is sent electronically to the specialist. Not all specialists are available through Choose and Book, but please ask your Doctor or Nurse Practitioner if there would be an advantage in using the system for any referrals suggested.

Travel Advice

At this time of year, many people are looking forward to a summer holiday overseas. If you think you require vaccinations or malaria tablets, Sister Elaine Adamson at the Practice advises that you arrange an appointment with one of our nurses at as far in advance as possible as it takes at least 6 weeks to receive some courses of vaccinations or for immunity to develop before a holiday. The cost of providing Yellow fever vaccinations and Malaria prescriptions is available at reception.

NEWS IN BRIEF

New addition to Practice Nursing Team: Some patients may have already met Lucy Drage, who joined the Practice Nurses last month as a Health Care Assistant. Lucy is working closely with the senior Nurses and is currently helping in the Treatment Room.

Updated Practice Website: Assistant Practice Manager, Joanne Taylor has begun updating the practice website with useful information: www.barnardmedicalpractice.co.uk. Updates will be ongoing and the Patient Participation Group are hoping to develop their own page on the site. If you have any suggestions or other information you would like to see on the website, please contact the Patient Participation Group at barnardppg@btinternet.com