

**BARNARD HEALTH CENTRE**  
43 Granville Road Sidcup DA14 4TA  
**SURGERY TELEPHONE NUMBER**  
020 8302 7721

**WEBSITE:**

[www.barnardmedicalpractice.co.uk](http://www.barnardmedicalpractice.co.uk)

**SURGERY OPENING TIMES:**

Monday-Friday 8.00am to 6.30pm  
Advance booked appointments available  
on Wednesday evenings 6.30pm to 8pm  
and Saturday mornings 8am to 12 noon

**DOCTORS & THEIR SPECIAL INTERESTS:**

**Dr Sara Elizabeth Scott** Partner  
*MB BS MRCPG DRCOG DFFP Westminster Hospital (London) 1985*  
**Musculoskeletal problems; Women's Health**

**Dr Holly Hutson** Partner  
*MB BS MA (Oxon) MRCPG DRCOG DFFP (Oxford) 1994*  
**Mental Health problems; Diabetes**

**Dr Jessica Martin** Partner  
*BMedSci MBBS DRCOG DCH MRCPG (Nottingham) 1998*  
**Skin problems, Asthma & COPD; Minor Surgery**

**Dr Richard Scott** Partner  
*MB BS MRCPG FRCS DRCOG MScIT*  
**Musculoskeletal problems; Minor Surgery**

**Dr Tara Kharib**  
*MBChB DFFP (Iraq) 1988*  
**Family Planning and Women's Health**

**Dr Asad Rahman**  
*BSc MBBS MRCPCH MRCPG Kings (London) 2001*  
**Paediatrics**

**Dr Mike Jobling**  
*MBBS MRCPCH DCH DRCOG DFRSH (Newcastle) 2004*

**NURSE PRACTITIONERS:**

**Bridget McGuire**  
**Family Planning; Cryotherapy**  
**Julia McKeon**  
**Family Planning; End of Life Care**

**CLINICS:**

**Antenatal Clinic**  
Tuesday and Thursday 14.00 - 17.40  
Patients are seen by the midwife at the clinics  
by appointment and also by the doctors during  
surgery hours.

**Child Health Clinics**  
Monday 9.30 - 10.30  
Wednesday & Friday 9.30 - 11.30  
At this open clinic a health visitor is available to  
give advice and support re: your baby/child's  
health, growth and development.

**Asthma Clinic**  
This is run by the practice nurse in conjunction  
with the doctors, by appointment only.

**Diabetic Clinic**  
This is run by the practice nurse in conjunction  
with the doctors, by appointment only.

**Family Planning**  
Contraceptive care is provided by all the doctors  
during surgery hours.

**Well Women Clinic**  
This clinic is run by the nurses and health visitors  
for smears, postnatal checks and discussion for  
women's health issues.

**Minor Surgery**  
The doctors carry out minor surgical procedures  
at the surgery by appointment and they will be  
happy to advise you on this.

**Repeat Prescriptions**  
These are obtainable from the doctors by either  
◆ Written application allowing 48 hours notice.  
◆ Fax: 020 8309 6579.  
Requests for repeat prescriptions cannot be  
taken by telephone.

## FLU CLINIC DATES RELEASED

Here are the dates for the walk-in flu clinics  
(no appointment needed)

**Thursday 29th September 8.30-1pm**

**Tuesday 4th October 8.30-1pm**

**Thursday 6th October 2-5pm**

**Monday 10th October 8.30-1pm**

**Tuesday 11th October 2-6pm**

**Thursday 13th October 8.30-1pm**

It is hoped to arrange coffee mornings and afternoon teas  
on many of these days when there will be an opportunity  
to meet members of the PPG committee and discuss any  
comments you have about the practice.

### NEWS IN BRIEF

#### PPG GIFT PROVES A SUCCESS

Following the last PPG fundraising, a new fetal Sonicaid was purchased for the practice clinician to use. This enables a Mum to hear her babies' heartbeat. Since the changes to antenatal clinic a device was not always readily available for GP use. Dr Sara Scott reports having used the PPG Sonicaid twice in recent consultations and that this was very much appreciated by the Mum to be, who had a problem which made her worried about the baby.

#### BLOOD TESTS

Would patients please keep to their allotted time for blood tests. Many patients are turning up early which is causing an overcrowding of the corridor adjacent to the Phlebotomy Department. If you are booked for a fasting blood test we will endeavour to fit you in earlier.

### CHILD IMMUNISATION SURVEY

Bexley Care Trust are conducting an on-line survey of parents' views regarding the immunisation of children under the age of 5 years in Bexley. They would be pleased to hear of ways in which the service can be improved. Please look out for the poster displayed in the surgery waiting room.

