

BARNARD HEALTH CENTRE
43 Granville Road Sidcup DA14 4TA

SURGERY TELEPHONE NUMBER:
020 8302 7721

WEBSITE:

www.barnardmedicalpractice.co.uk

SURGERY OPENING TIMES:

Monday-Friday 8.00am to 6.30pm

Wednesday until 8.00pm (one GP only)

Saturday 8.00am to 12 noon

DOCTORS:

Dr David Milne Partner

MB BS DRCOG (Newcastle) 1977

Dr Sara Elizabeth Scott Partner

MB BS MRCP DRCOG DFFP Westminster Hospital (London) 1985

Dr Holly Hutson Partner

MB BS MA (Oxon) MRCP DRCOG DFFP (Oxford) 1994

Dr Jessica Martin Partner

BMedSci BMBS DRCOG DCH MRCP (Nottingham) 1998

Dr Shri Kulkarni Partner

MB BS MS FRCS (Ed) FRCS (GI) 1985

Dr Tara Kharib

MBChB DFFP (Iraq) 1988

Dr Richard Scott

MB BS MRCP FRCS DRCOG MScIT

NURSE PRACTITIONERS:

Bridget McGuire and Julia McKeon

CLINICS:

Antenatal Clinic

Tuesday and Thursday 1.30pm - 3.30pm

Patients are seen by the midwife at the clinics by appointment and also by the doctors during surgery hours.

Baby Clinic

Monday 2.00pm - 4.00pm

Wednesday 1.30pm - 3.30pm

The baby clinics, run for child developmental checks and immunisations, allow an opportunity to discuss other problems, eg sleeping, feeding and child health worries, with a doctor or health visitor.

Asthma Clinic

This is run by the practice nurse in conjunction with the doctors, by appointment only.

Diabetic Clinic

This is run by the practice nurse in conjunction with the doctors, by appointment only.

Family Planning

Contraceptive care is provided by all the doctors during surgery hours.

Well Woman Clinics

This clinic is run by the nurses and health visitors for smears, postnatal checks and discussion for women's health issues.

Minor Surgery

The doctors carry out minor surgical procedures at the surgery by appointment and they will be happy to advise you on this.

Non-NHS Examinations

The doctors are happy to carry out medicals, eg insurance and driving licence, by appointment, outside surgery hours. Please telephone the surgery for an appointment.

Please ask the reception for the charges for these services.

Repeat Prescriptions

These are obtainable from the doctors by either

◆ Written application allowing 48 hours notice.

◆ Fax: 020 8309 6579.

Requests for repeat prescriptions cannot be taken by telephone.

Working for your improved health service

Message from the Secretary

This Summer you may have seen the invitations for patients to join the new Barnard Patients Participation Group. Twelve patients did volunteer and, together with Dr Milne, Nurse Practitioner Bridget McGuire and Assistant Practice Manager Joanne Taylor they now form the committee. We meet monthly, and our remit is to liaise with the Practice to represent the views of all Patients. Our Chairman is Michael Slaughter, our Secretary is Roy Barlow and our Treasurer is John James.

As a new Group we are still finding our feet but have so far been focussing on a single subject, namely the possibility of a move to the Queen Mary's Hospital site. We hope to work on a broader front in the future and are already giving thought as to how we can help patients in general and provide feedback to the Practice.

We intend to issue a regular Newsletter by email. To keep the costs to a minimum we ask you to forward details of your email address to: barnardppg@btinternet.com as soon as possible. This will enable us to send the latest information directly to you. If you don't have access to the internet please supply us with an email address of either a family member, a friend or a neighbour who will be willing to pass all BarnardPPG information to you? We will display a copy of the Newsletter on our noticeboard in the Surgery reception. *Roy Barlow*

Christmas hamper raffle

We will be holding a raffle for a Xmas hamper, full of your favourite seasonal items. Tickets will be available from committee members at displayed times. Tickets will cost 50p each or 3 for £1.

Swine Flu vaccination schedule

Clinics were held on 14th November followed by a further date on the 17th November. The next clinic is on Thursday 26th November. Patients have been contacted by phone and invited to attend.

The Health Centre was only issued with 500 doses and has been instructed by the Department of Health to target the most vulnerable groups of patients.

These are : children 6 months to adults up to 65 years with long term health conditions, they are explained in the leaflet which is available from the surgery.

The next group will be pregnant women, immune-compromised and over 65 years with long term health conditions.

If you believe you are in one of these groups and have not been contacted please contact the surgery.

New doctor Barnard Health Centre

We would like to extend a warm welcome **Dr Richard Scott** who trained at Guys Hospital and qualified in 1992. He also trained in Orthopedics and is a fellow of the Royal College of Surgeons. He transferred to general practice in 2009.

Christmas and New Year opening times

The Health Centre will be closed from 4pm on 24th December until Tuesday 29th December and from 4pm on 31st December until Monday 4th January.

If you need medical advice please contact GRABaDOC on 020 8319 3030 or NHS Direct on 0845 6020705.